

Welcome to QUEST

This quarterly newsletter provides an update as well as sharing and celebrating all of our achievements. Welcome to the first issue!

Relative Bleeps

We are piloting a bleep system for our relatives. This allows them to go off the unit but be reassured that we will bleep them as soon as their relative is ready for visitors.

Thanks to George Brann and Alan Butler for leading on this project. Early feedback is excellent!

Time to mobilise



Lots of work being generated by Susie Calvert and her physio team, supported by our nurse champions. Check out the new rehab boards at every bed space. We also now have individual patient rehab booklets to help facilitate ongoing ward care. Hot of the press is our 'mobilisation on critical care' SOP.

Thanks to Kay Adeniji for donating his Nintendo Wii. Lots of opportunities to get our patients improving core strength and helping with their psychological recovery. Tennis on the Wii and cycling on the Motomed!

NOISE...SSshhhhh



All bins are not soft close. WD40 has been applied to the door by bed 19 (might have been a bit more technical than that!) We have lots of research ideas being considered and collaboration planned with Oxford. Noise lead is Mike Lympamy and our champions are Charmaine, Helen, Lindsey and Alex. Tim Martindale will be presenting his pilot noise service improvement project at ICS SOA meeting. Watch out for Tom Craig's QI project on light intensity in Critical Care ('CANDLE'). Lots of exciting initiatives to help us humanise the ICU for our patients as well as improving our working environment



VANISH

Now published in JAMA! Congratulations to our research team and to Dave Pogson as one of the lead authors of the paper.





Latest Presentations

Bournemouth ICU Course

Millie Davies, Jon Squires,
Alex Hoare, Sophie Urry,
Kerry Woodford-Exton.
All rated 'outstanding'

ESICM

Susie Calvert:
Rehabilitation on ICU

Fran Riccio: Retrospective
review of oesophagectomy
patients to ICU

Omar Sheikh, Fran Riccio,
Dave Pogson
Review of out of hospital
cardiac arrest outcomes
post TTM

GE Conference

Emma Davies and Claire
Turner: Impact of a CIS
on quality improvement

RCEM 2016

Steve Mathieu: Digital
Medial & Clinical
Excellence

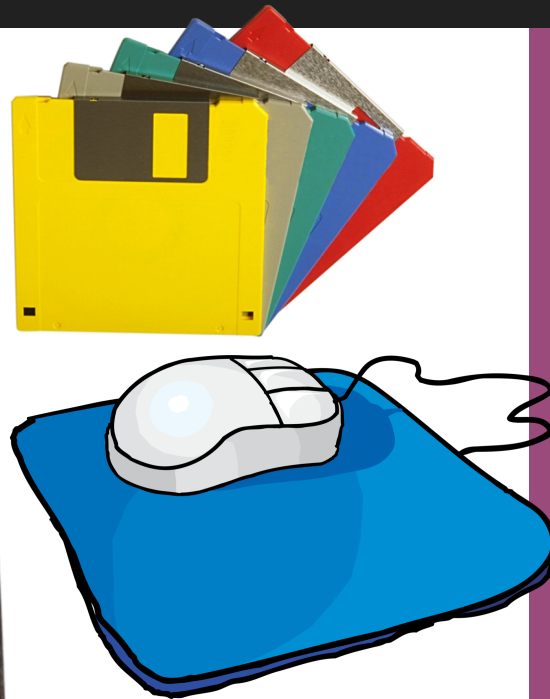
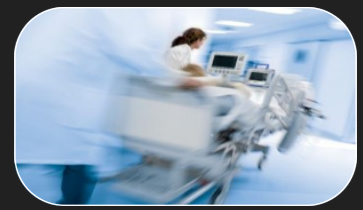
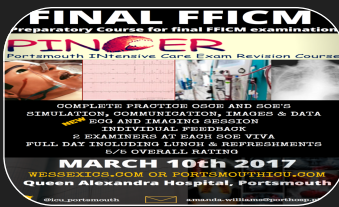
Maternal Critical Care Conference

Richard Clinton:
Obstetrics in Critical Care

Top 5 Achievements unlocked

1. Our risk-adjusted unit mortality is 0.89 for Q1 2016 - this indicates excellent clinical outcomes
2. We continue to achieve excellent results in indicators of safe care, with exceptionally low rates of catheter related blood stream infections (0.22/1000 CVC days based on 6 years of data); full compliance with Trust hand hygiene and cleaning audit standards; and a superb effort in receiving a Platinum award for 2000 consecutive pressure ulcer-free days in Critical Care!
3. Relative feedback scores remain high in our most recent data with 97% approval for 'Quality of Care during stay in Critical Care' and 95% approval for 'Maintenance of Dignity and Privacy'
4. Digital Innovation. Read all about BRAD, iSi and TIM at portsmouthicu.com/innovations. Affordable IT solutions designed in-house by Mike Lympany and the IT team
- 5 The TEAM. It's all about the team and we have the very best. Welcome to everyone who has joined the family recently





Awards

CHAT-I for 'above and beyond'

Matt Williams

Lindsey Roberts

Nikki Lamb

Helen Morgan

Nominated Nurse of the Year 2016 - News Best of Health Awards

Jenny Windust

Monthly PHT nominations

Liz Jeremiah

Teaching team



Digital maturity

There has been a tremendous amount of work being generated by Mike Lympny and the IT team in recent years. Not only has our CIS developed considerably and contributed to us being a reference site, but there are lots of IT innovations throughout the department. Our use of IT & Social media was recognised by the CQC in their June 2015 report. We were awarded an 'outstanding' rating.

Portsmouth ICU Courses

Nuts & Bolts 17th, 19th & 25th Jan 2017

PINCER 10th March 2017

FICE Echo Course 31st March 2017



"there were innovative approaches to the development and use of IT and social media"

CQC June 2015



Critical Cares

Helen Peet and Honor Hinxman are currently trialling a new debrief session called 'Critical Cares'. This is currently aimed at the senior registrars but will eventually be rolled out departmentally. This will be an opportunity to allow a formal and supportive debrief of complicated cases either individually or as a group. We also have regular M&M meetings (soon to include positive event reporting!) and plenty of other ways to debrief formally as well as informally



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