



# QUEST

PORTSMOUTH ICU

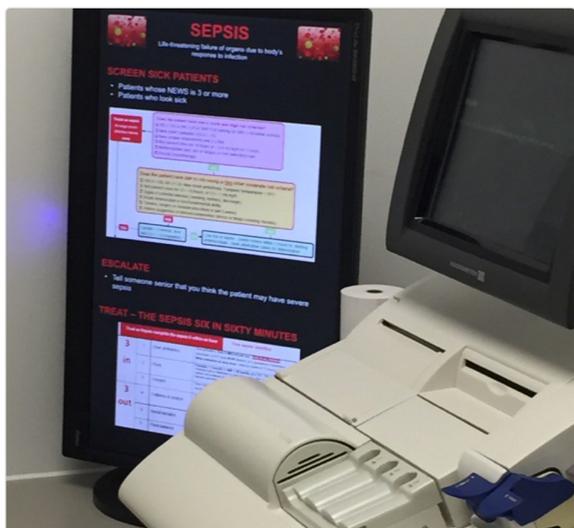


## Welcome to QUEST

This quarterly newsletter provides an update as well as sharing and celebrating all of our achievements. Welcome to the second issue!

### TiM has gone national

We are proud of our use of Digital Media at Portsmouth ICU. Having successfully implemented Raspberry Pi technology for our relative information screens, 'who's who' board, safety and educational screens, we have shared our work (for free) with other NHS trusts. A 'how to guide' is now open source and been tried and tested at Barts (Steve Mathieu trained here so very pleased!)



“there were innovative approaches to the development and use of IT and social media” CQC June 2015

### NOISE...SSshhhhh

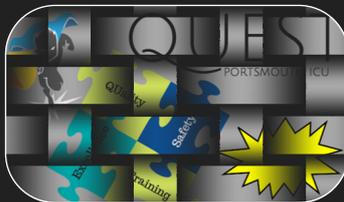


We continue to make progress with our noise awareness programme. We are top recruiters nationally for the SILENCE project and working collaboratively with Oxford on other project ideas. We have also done some preliminary work with measuring light levels on our ICU as part of our vision to humanise the ICU environment. Tom Craig (recently secured anaesthetic specialty training post in Wessex - congratulations!) has submitted a national business case for funding to develop this project further and use across other ICU's in Wessex. Our noise meters have also just arrived and are due to be set up in the next few weeks

### ACCPS

Congratulations to Lucy, Dave, Sonya, Caroline, Stuart and Steve for completing 2 of their 7 modules and their success in their recent triggered assessments.





## Latest Presentations

### Rehabilitation after Critical Illness

Protocol for early mobilisation – Susie Calvert

### Critical Care Symposium

Digital Media & Clinical Excellence  
Landmark papers in Critical Care  
Evidence based workshop  
Social media workshop  
– all Steve Mathieu

## Latest publications

### Chapter Oxford Textbook of Anaesthesia – Military Trauma (in press)

Nick Tarmey

### Chapter Trauma Anaesthesia – Field anaesthesia and military injury

Nick Tarmey

# Portsmouth ICU Mission



Best possible **CARE & OUTCOME** for our critically ill patients

Protect, & preserve **DIGNITY** through critical illness

**SAFETY & QUALITY** at the heart of everything we do

**SUPPORT** families & loved ones

Highest quality **TRAINING & DEVELOPMENT** for our staff



[portsmouthicu.com](http://portsmouthicu.com)



[icu\\_portsmouth](https://twitter.com/icu_portsmouth)



## Positive Event Reporting NOW LIVE!

After a successful pilot, we have now launched this trust wide. Portsmouth ICU are leading on this project and offers an opportunity to learn from capturing and studying clinical events that have gone very well. By applying the same methods of root cause analysis, we hope to learn from episodes of excellence in healthcare. Please go to PHT datix page on the intranet to start contributing

**Nuts & Bolts** July TBC

**PINCER** 22nd September 2017

**FICE Echo Course** TBC. The first course was held in March with universal positive feedback. Well done to Dave Slessor and all the faculty for a tremendous course

**ACCP Regional seminar** Nov 2017 More information soon

## Awards

**BSc Clinical Practice**

Emma Davies

**Bachelor of Nursing**

Lindsey Roberts

Congratulations!



## LocSSIPS

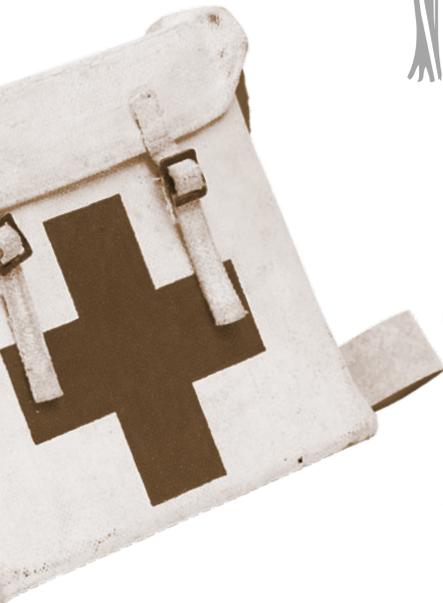
Local Safety Standards for Invasive Procedures - we have now updated our tracheostomy one to complement the emergency intubation checklist. Chest drain coming soon



## Emergency Grab Bags

These have recently been given a makeover and now include a selection of pre-filled induction agents and vasoactive drugs. This quality improvement project means:

1. Safer and rapid accessibility of emergency drugs required for intubation and resuscitation
2. Reduced risk of drug errors by using pre-filled syringes



Details on our website <http://>

[www.portsmouthicu.com/innovations/grabbag/](http://www.portsmouthicu.com/innovations/grabbag/)

## NEW Guidelines/SOP's

Our new Guidelines coordinator is Todd Pinhorne. He will be working with our guideline leads Nick Tarmey and Clare Rochester to ensure that our SOP's are regularly updated. The process is as follows:

1. Existing guidelines will be updated every 3 years
2. At 2 years after release, the original author will be contacted to start the process of review and updates

Our SOPs are a very high standard and are shared internationally via our website ([www.portsmouthicu.com](http://www.portsmouthicu.com)) We are one of only a few units that do this, and have received a number of requests to use our work in other units. Some of the latest SOPs include: tracheostomy insertion, Electronic Drug Prescription, diarrhoea management and coming soon nutrition. The SOP's are all available on the intranet.

## Staff Survey

The staff survey has just been released. The main headlines are:

**I look forward to going to work** - 59% often or always; 29% sometimes. We are comparable to national scores but it would be good to be even better. Critical care is an intense and stressful environment. We need to continue to support each other and are looking for ways to improve this. 'Critical Cares' (debrief meeting) has been running for sometime after a successful pilot. We also have staff trained in Trauma Risk Management (TRIM). Finally we are looking at other ways to improve general wellbeing amongst our staff in the workplace

**Experienced discrimination** - 'No' = 95%. That is still 5% that report to have experienced discrimination. We are surprised by this and will be looking at ways to address this. This will be a topic for a future care and quality meeting

**I am enthusiastic about my job** - 81% often or always and much higher than nationally

**I am trusted to do my job** - 96% agree or strongly agree

**The team I work in has a set of shared objectives** - 85% agree or strongly agree

**I am satisfied with the quality of care I give** - 90% agree or strongly agree

**I am able to deliver the patient care I aspire to** 82% agree or strongly agree



QUEST at Portsmouth ICU

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