

Watch Out *for...*

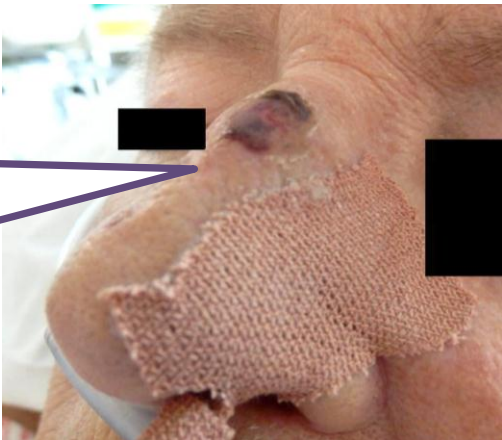
NIV mask related pressure sores

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What Happened?

A patient developed a grade 3 pressure sore on the bridge of their nose after intermittent use of a **full face** non-invasive ventilation (NIV) mask.

This was changed to a **total face** mask and the sore began to heal.



The Facts:

- NIV masks can cause pressure sores, especially on the bridge of the nose
- Sores can be prevented by:
 - Applying nasal skin protection
 - Using total face masks when tolerated
 - Ensuring masks are not too tight



Full Face Mask



Total Face Mask

Protect Your Patients:

- Use a strip of Aderma Dermal Pad to protect bridge of nose for all patients on NIV
- Assess the risk of pressure sores and use a total face mask where appropriate.
- Monitor mask leak to ensure optimal fitting:

Mask Leak	Fitting
0-10 l/min	Beware- may be too tight
11-30 l/min	Just right
31-60 l/min	Check fit and monitor leak
>60 l/min	Poor fit and/or too loose

